

Cooking School

with the London Chef

Caramelized French Toast with Toasted Pecans

For a true chef mis-en-place experience we suggest having the ingredients out, washed and opened, and the equipment ready to go before you begin.

Pour yourself a large glass of whatever you like to enjoy while cooking, and remember to have fun in the kitchen!

French Toast

Brioche, challah or slightly stale croissants
2 eggs
Whipping cream
Vanilla
White sugar
Butter
Canola oil

Bananas

2 ripe bananas
Brown sugar
Dark rum, optional
Butter
Whipping cream

Pecans

**Vegetarian*

**GF friendly - use GF bread*

Cooking Equipment

Non-stick frying pan (has to be non-stick)
Small frying pan
Deep tray for french toast
Mixing bowl
Small whisk or fork
Wooden spoon
Knife
Cutting board