

# Cooking School

*with the London Chef*

## Pineapple Rum French Toast with Cashew Brittle

For a true chef mis-en-place experience we suggest having the ingredients out, washed and opened, and the equipment ready to go before you begin.

Pour yourself a large glass of whatever you like to enjoy while cooking, and remember to have fun in the kitchen!

### **French Toast**

Challah or brioche  
4 eggs  
Milk  
Vanilla  
White sugar  
Unsalted butter

### **Pineapple**

Whole pineapple  
Dark rum, optional  
Unsalted butter

### **Brittle**

Roasted salted cashews  
White sugar

### **Cooking Equipment**

Knife  
Cutting board  
Deep tray for soaking french toast  
Non-stick pan x 3 (you can use more than one for the same thing if don't have enough)  
Whisk or fork  
Baking tray, ideally non-stick